

# THALASSO RUBICÓN

## Dynamic circuit and gym

- Circuit: dynamic swimming pool with jets, jacuzzi, dip at 35°C with rose petals, relaxation area, sauna, steam bath and thermal sofa
- Gym with muscular and cardiovascular equipment
- Month pass - 60€

	1 entry	5 entry tickets	10 entry tickets
Guests staying at H10 Hotels	15 €	70 €	130€
Clients not staying at H10 Hotels	20 €	90 €	150€

## Body treatments

- Therapeutic massage (30 min.) - 35€
- Relaxing massage (30 min.) - 30€
- Therapeutic massage (60 min.) - 60€
- Holistic Massage - 80€
- Complete Anti-Stress Aromatherapy - 65€
- Circulation Aromatherapy - 65€
- Relaxing Facial Aromatherapy - 35€
- Tired Leg Treatment - 45€
- Foot reflexology - 50€
- Reflexology and massage of painful Areas - 65€
- Volcanic stones massage - 75€
- Complete Manual Lymph Drainage - 75€

## Special Thalasso treatments

- Peeling-Hydroneutrition - 75€
- Turkish Exfoliation - 80€
- Anti-rheumatic – Anti-inflammatory Treatment - 95€
- Multi-zone Anti-cellulite Treatment (3 sessions) - 150€
- Multi-zones Re-firming Treatment (3 sessions) - 150€
- Nutritional Honey Treatment - 80€
- Chocotherapy (Hot Chocolate) - 75€
- Wraps (Algae or Dead Sea Mud) - 45€
- Peeling & Wrap - 60€

## **Aromatherapy facial beauty**

- Special Extraction - 70€
- Delicate Skins - 65€
- Mixed/Oily Skins - 65€
- Normal/Dry Skins - 65€
- Oxygenating Treatment - 65€
- Anti-Age Treatment - 70€

## **Special alchemy treatments**

### **Serenity Oasis** (90 min.) - 115€

Anti-stress treatment for relaxation, nutrition and moisturising. A sensation of peace in body and mind.

### **Queen Cleopatra** (90 min.) - 110€

Sublime Treatment for women, moisturising and regenerating the body for sensation of well-being and greater beauty.

### **Mark Anthony** (90 min.) - 110€

Body and facial SPA treatment for energy and vitality. Highly regenerating, moisturising, detoxifying and oxygenating. Especially indicated for the man of today.

### **Body Sculptor** (60 min.) - 80€

Efficient treatment especially indicated to eliminate fat from localised areas (abdomen, thighs, etc.) Shapes the figure and eliminates fat naturally and efficiently.

### **Eternal Youth** (90 min.) - 110€

Complete Rejuvenating Treatment (body and face) Potent cytophylactic cell regenerating and tissue restructuring system. Providing youth and beauty.

### **Solar Regenerating and Repairing Treatment** (75 min.) - 95€

Special treatment to repair the cell damage caused by exposure to the sun. Highly indicated after summer vacations. Come home with a perfect tan and without damage to your skin.

### **Pain Relief** (75 min.) - 80€

Aromatherapy treatment against intense pain. The use of soothing, anti-inflammatory and circulation promoting oils calm the pain and improve your quality of life

**For more information on other treatments or personalised programs ,  
you can address to the centre or send an email to  
[thalasso.rubicon@h10.es](mailto:thalasso.rubicon@h10.es)**