



DESPACIO CONQUISTADOR

THERMAL CIRCUIT AND THALASSOTHERAPY

Hydromassage beds, water jets, ice well, Jacuzzi, counter current corridor on cold pebbles, counter current corridor on hot pebbles, bithermal showers, dry sauna, Turkish bath, relaxation room and gymnasium

Voucher 1 session €28; Voucher 5 sessions: €75; Voucher 7 sessions: €100

Watsu anti-stress (shiatsu in the water) (40') – €38

Aqua relax (Combines Watsu, lymphatic and circulatory drainage, underwater massage and foot massage) (50') - €48

BEAUTY PARLOUR

Hair removal with wax, hair removal for men, Makeup, Eyelid and eyebrow dyeing, Manicure, Pedicure and Hair-styling.

FACIAL TREATMENTS

Active facial cleaning (60') – €40

In-depth refirming moisturisation (75') – €58

Regenerating and oxygenating treatment (75') – €55

Tensor and modelling treatment (75') – €60

Anti-aging treatment sensitive skins (75') – €58

Anti-acne treatment (75') – €58

Anti-blotch treatment (75') – €65

Anti-ageing treatment (75') – €80

Elixir Lifting (75') – €120

Mini-facial (30') – €30

Decongestive drainage and anti-aging eyes – €45

Neck moisturising treatment – €54

Neck tensor treatment – €40

MASSAGES

- Jet Massage (20') – €15
- Tired legs massage (20') – €24
- Anticellulite and aromatic massage (30') – €40
- Full circulatory massage (45') – €45
- Therapeutic massage (30') – 30 / (50') – €50
- Sports massage (45') – €50
- Shiatsu (40') – 55 / (50') – €65
- Lymphatic drainage (45') – €44
- Full relaxing anti-stress massage (30') – 24 / (50') – €40
- Holistic massage (75') – €80
- Reflexology (25') – €30
- Massage with hot stones (75') – €80
- Reiki (30') – 40 / (60') – €60
- Ayurvedic massage (40') – €45

COMBINED WRAPS AND TREATMENTS

- Micro algae wrap (30') – €55
- Cherry wrap (mineralising) (50') – €55
- Sea mud wrap with aromatherapy (30') – €65
- Algae wrap and Vichy Shower (60') – €85
- Sea mud and salt wrap (30') – €60
- Chocolate and vanilla refirming wrap (30') – €55
- Chocolate wrap + Jet + Tensor massage (90') – €85
- Body peeling and wrap with aromatherapy (30') – €48
- Body peeling and nutritive cream (40') – €42
- Peeling with Dead Sea salts and Aromatherapy oils (30') – €30
- Ninja peeling technique (30') – €45
- Ninja peeling technique + remodelling massage (50') – €65
- Special Thalgo mask, breast-modelling (40') – €45
- Essential oil bath (30') – €23
- Hydromassage bath + Relax massage (50') – €44
- Vichy Shower + Full Massage (30') – €40
- Wine therapy (50') – €55

SPECIFIC THERAPEUTIC PROGRAMMES

Electrotherapy, Ultrasound, Manual therapy, Stretching, Rehabilitation Programmes, Programmes for rheumatic complaints

SPECIAL PROGRAMMES

TONE-UP PROGRAM – 1 Day – €75

Thermal circuit and sauna, moisturising facial hygiene – with mask - and relax massage

RELAX PROGRAMME – 1 DAY – €95

Thermal circuit, body peeling, Brittany algae wrap, relax massage

WELLNESS PROGRAMME – 1 DAY – €75

Hydromassage bath with essential oils, active hygiene facial treatment and relax massage

TONE-UP PROGRAM – 2 DAYS – €180

Day 1: Thermal circuit, Dead Sea mud wrap, Reflexology

Day 2: Thermal circuit, anti-stress massage with aromatherapy.

RELAX PROGRAMME – 2 DAYS – €150€

Day 1: Thermal circuit, full aromatic wrap, body peeling and reflexology.

Day 2: Thermal circuit and anti-stress massage with aromatherapy

DRAINING PROGRAMME – 2 DAYS – €140

Day 1: Thermal circuit, sauna, Turkish bath, body peeling with Dead Sea salts and essential oils, algae wrap and anticellulite massage

Day 2: Thermal circuit, sauna, Turkish bath and complete lymphatic drainage

COMPLETE RELAXATION PROGRAM – 2 DAYS – €174

Day 1: Thermal circuit, sauna, Turkish bath and Aquarelax therapeutic treatment

Day 2: Thermal circuit, sauna, Turkish bath and Alqvimia Oasis of Serenity treatment

BODY AND MIND PROGRAMME – 3 DAYS – €294

Day 1: Thermal circuit, Thalasso Star treatment (Mud + Vichy)

Day 2: Thermal circuit, reflexology

Day 3: Thermal circuit, aromatic wrap with essential oils and lymphatic drainage

HIDROSALUD [HYDROHEALTH] PROGRAMME – 3 DAYS – €243

Day 1: Thermal circuit and lymphatic drainage

Day 2: Thermal circuit, Watsu and anti-rheumatic treatment with mud

Day 3: Vital circulatory massage

ALQVIMIA PROGRAMMES

QUEEN CLEOPATRA PROGRAMME – €150

Rubbing with Cleopatra water, body peeling with Dead Sea salts and almond oil, refirming algae wraps with essential Cleopatra oils, facial treatment with moisturising mask and preparation of essential Cleopatra oils, hydromassage bath with essential oils, complete massage with Cleopatra body oil

OASIS OF SERENITY PROGRAMME

Body peeling with Dead Sea salts and almond oils, refirming wraps with algae and preparation of antistress essential oils, facial treatment with moisturising mask and preparation containing antistress essential oils, hydromassage bath, rubbing with Queen of Hungary water, full body massage with anti-stress body oil

BODY SCULPTOR PROGRAMME – €95

Rubbing with Queen of Hungary water, Peeling with Dead Sea salts and Body Sculptor essential oil, moulding algae wrap with body oils and Massage with Body Sculptor essential oil

Consult us for other treatments available at the centre
despacio.hc@h10hotels.com

For safety reasons, entrance to under-16s is forbidden.

NEW ENERGY PROGRAMME – 4 DAYS – €230

Day 1: Thermal circuit, sauna, Turkish bath, body peeling and moisturisation with essential oils

Day 2: Algae wrap, 30 min antistress massage, hydromassage bath with essential oils;

Day 3: Thermal circuit, sauna, Turkish bath and Alqvimia facial treatment with Mask

Day 4: Back massage, hydromassage bath with essential oils or thermal circuit, lymphatic drainage on face and neck

HYDRORELAX PROGRAMME – 5 DAYS – €317

Day 1: Thermal circuit and anti-stress complete aromatherapy massage

Day 2: Thermal circuit and reflexology

Day 3: Thalasso Star Treatment (Mud + Vichy)

Day 4: Watsu

Day 5: Brittany algae wrap

NEW ENERGY PROGRAMME – 5 DAYS – €329

Day 1: Thermal circuit, body peeling and moisturisation

Day 2: Purifying aromatic hydromassage bath and relax massage 30 minutes

Day 3: marine algae wrap and massage with Vichy Shower

Day 4: Thermal circuit, face and neck lymphatic drainage

Day 5: Regenerating facial treatment and reflexology