

# THALASSO TINDAYA

## Water zone and gym

- Circuit: swimming pool with swan and side jets, jacuzzi, sauna, Turkish bath and relaxation area.
- Thermal circuit and gym entry - 15 € (4 hours/ day)
- Ticket for 5 days: 15€, ticket for 10 days: 25€ (up to 4 hours, morning or afternoon)

## Gym

- Gym entry – 5 €
- Ticket for 5 days – 15€, ticket for 10 days – 25 €

## Massages

- Complete aromatherapy massage 60 min – 55 €
- Full body 60 min – 50 €
- Sport massage 45 min – 45 €
- 4-handed massage 45 min - 65 €
- Future mum 60 min - 50 €
- Reflexology feet 30 min – 35 €
- Relaxing feet massage 20 min – 25 €

## Body therapy

- Complete lymph drainage 90 min – 75 €
- Lymph drainage of the legs 45 min – 40 €
- Facial lymph drainage 30 min – 35 €

## Facial therapy

- Oxigenating facial 60 min – 60 €
- Ocean facial for men 45 min – 45 €

## Peelings

- Honey peeling 60 min – 50 €
- Sea peeling 30 min – 30 €

## **Wraps**

- Hydronutricion 45 min – 50 €
- Seaweed re-firming 60 min – 60 €
- Dead sea mud 60 min – 60 €

## **Oriental therapies**

- Indian head / face and head massage 45 min – 50 €

## **Sublime thalasso treatments**

- Serenity oasis 75 min – 95 €
- Queen cleopatra 75 min – 95 €
- Marc Antonio 75 min – 95 €
- Massage with volcanic stones 90 min – 85 €
- Hot chocolate 60 min – 60 €

**The programs allow the possibility of changing treatments**

**Consult the wellness centre or send an email to  
h10.findaya@h10.es**